	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year R	**Me and My Relationships**	**Valuing Difference**	**Keeping Myself Safe**	**Rights and Responsibilities**	**Being my Best**	**Growing and Changing**
	All about me What makes me special Me and my special people Who can help me My feelings	I'm special, you're special Same and different families Same and different homes I am caring Kind and Caring	What's safe to go onto my body Keeping myself safe Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe	Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking for money	Bouncing back when things go wrong Yes, I can Health eating Move your body A good night's sleep	Seasons Life stages – plants, animals, humans Life stages- who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys
Year 1	**Me and My Relationships**	**Valuing Difference**	**Keeping Myself Safe**	**Rights and Responsibilities**	**Being my Best**	**Growing and Changing**
	Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Same or different Unkind tease or bully Harold's school rules Who are our special people? It's not fair	Healthy me Super sleep Who can help? Harold loses Geoffrey What could Harold do? Good or bad touchers? Sharing pictures	Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	Inside my wonderful body! Taking care of a baby Then and now Who can help? Surprises and secrets Keeping privates private
Year 2	**Healthy lifestyles and keeping sae**	**Growing and changing**	**Healthy Relationships/Feelings and Emotions**	**Healthy Relationships/feelings and emotions**	**Rights and Responsibilities**	**Valuing difference, caring for the environment and money**
	My Day Harold's postcard – helping us to keep clean and healthy What does my body do? How safe would you feel? What should Harold say? Respecting privacy	You can do it! Sam moves house Haven't you grown My body, your body Should I tell? Solve the problem	Don't do that Types of bullying I don't like that How are you feeling today? My special people Being a good friend	A helping hand Bullying or teasing? Some secrets should never be kept Feeling safe How do we make other's feel	Getting on with others When I feel like erupting Feeling safe When someone is feeling left out Solve the problem	How can we look after our environment? Harold saves for something special Harold goes camping An act of kindness What makes us who we are?
Year 3	**Me and my Relationships**	**Valuing Difference**	**Keeping myself Safe**	**Rights and Responsibilities**	**Being my Best**	**Growing and Changing**
	As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Friends are special	Friends and family My community Respect and challenge Our friend and neighbours Let's celebrate our differences Zeb	Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes the facts None of your business! Raisin Challenge Help or harm?	Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money	Derek cooks dinner (healthy eating) Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents	Relationship tree Body spaces Secret or surprise? My changing body Basic first aid
Year 4	**Me and my relationships**	**Valuing difference**	**Keeping myself safe**	**Rights and responsibilities**	**Being my best**	**Growing and changing**
	An email from Harold Ok or not ok? Human machines Different feelings When feelings change Under pressure	Can you sort it? Islands Friend or acquaintance? What should I do? The people we share our world with This is such a stereotype!	Danger, risk or hazard? Picture wise How dare you! Medicines: check the label Know the norms Keeping ourselves safe	Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes	What makes me ME! Making choices SCARF Hotel Harold's Seven Rs My school community Basic first aid	Moving house My feelings are all over the place! All change! Preparing for changes at puberty Secret or surprise? Together
Year 5	**Me and My Relationships**	**Rights and responsibilities**	**Valuing difference**	**Being my Best**	**Keeping myself safe**	**Growing and Changes**
	Collaboration challenge Give and take How good a friend are you? Relationships cake recipe Being assertive Our emotional needs Communication	What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely Lend us a fiver! Local councils	Qualities of friendship Kind conversations Happy being me The land of the Red people Is it true? It could happen to anyone	Getting fit It all adds up! Different skills My school community Independence and responsibility Star qualities Basic first aid	Thinking about habits Jay's dilemma Spot bullying Ella's dairy dilemma Decision dilemmas Play, like, share Drugs true or false? Smoking, what is normal? Would you risk it?	How are they feeling? Taking notice of our feelings Dear Hetty Changing bodies and feelings Growing up and changing bodies Help, I'm a teenage – get me out of here! Dear Ash Stop, start stereotypes
Year 6	**Me and My Relationships**	**Valuing Difference**	**Keeping myself safe**	**Rights and Responsibilities**	**Being my best**	**Growing and changing**
	Working together Let's negotiate Solve the friendship problem Assertiveness skills Behave yourself Dan's day Don't force me Acting appropriately It's a puzzle	OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boy? Challenging gender stereotypes	Think before you click! Traffic lights TO share or not to share Rat park What sort of drug is? Drug's is the law! Alcohol what is normal? Joe's story	Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch Happy Shoppers Democracy in Britain – Elections, how laws are made	Five ways to wellbeing project This will be your life Our recommendations What's the risk? Basic first aid	Helpful or unhelpful, managing change I look great Media manipulation Pressure online Is this normal? Dear Ash Making babies What is HIV?